

Oxford Radcliffe Hospitals **NHS**
NHS Trust

Oxford Eye Hospital
Lichfield Day Surgery Unit

Advice for patients after squint surgery



Your eye drop regime is as follows:

The following drops should be applied to the operated eye only, starting the morning after surgery.

Drop	Time	Action
Maxitrol	One drop, four times a day, for 2 weeks, then stop.	Combined antibiotic and anti-inflammatory

- When putting the eye drops into your eye do not allow the bottle tip to touch the eye.
- Do not allow other people to use your eye drops.
- Discard the drops when finished.
- If your drops run out, please ask your GP for a repeat prescription.

How to apply your eye drops

1. Always wash your hands before putting in the drops.
2. Sit or lie with your head tilted backwards.
3. Gently pull the lower lid down with one finger.
4. Holding the bottle on the bridge of your nose or on your forehead, squeeze one drop into the eye.
5. Close your eye and gently blot excess drops with a clean tissue.

Instructions for after your operation – these apply for 2 weeks after your surgery


- Try not to rub or touch the eye.
- When washing your face, avoid the eye area. If necessary, bathe the eye with cooled boiled water and cotton wool.
- Avoid swimming for 4 weeks.
- Avoid strenuous activity such as sports and swimming for two weeks.
- It is normal for your tears to be blood stained for the first few days following surgery
- It is normal for your eye to be blood-shot for up to the first two weeks after surgery.
- It is OK to look and bend down.
- Watching TV and reading will cause no harm.
- You may experience some double vision or other visual distortion at first. The orthoptist can advise you at your 1 week post-operative appointment if this persists. Alternatively, you can phone the Orthoptic Department and ask to speak to an Orthoptist.
- Do not drive within 48 hours of the general anaesthetic.
- If you notice any sudden redness, swelling, loss of sight or intense pain, please contact the hospital **immediately**.

Please note:


Your 1 week follow-up appointment will be in the Orthoptic Clinic, Eye Hospital, unless we tell you otherwise.

If you have any queries or concerns, please contact:

Lichfield Day Surgery Unit

 (01865) 231296 Mon - Fri 7am-8pm

Specialist Surgery Inpatient Ward

 (01865) 231230 24hrs

Orthoptic Department

 (01865) 234742 Mon - Fri 8.30am-4.30pm

If you need an interpreter or need a document in another language, large print, Braille or audio version, please call **01865 221473** or email **PALSJR@orh.nhs.uk**

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